LIFE GROUPS

connect. serve. grow.

Leader's Guide

Week of February 4

Getting Started & Prayer

1. Jeff opened the sermon with the quote, "You can only preach as good as you can pray." What does that mean? Is it true? Have you seen this principle at play in your own life? How? Give specific examples. Even before you start your study, talk about what kind of prayer life you want your Life Group to have this season. Then pray together!

Digging In

1. Read **1 Samuel 21:1-10**. List the things that David says and the actions that he takes here. Does anything stand out to you as strange?
   *Leader's Note: David is lying and doing things he isn't supposed to be doing (like eating the consecrated bread). This is directly contradicting David's "creed" in **1 Samuel 17:45-47**.

2. What weapon does David take? What is unique about Gath? What theme is the narrative hinting at here?

3. Read **1 Samuel 21:11-15**.

4. Read **1 Samuel 22:1-5**. How does David respond when he hits "rock bottom?" What does this tell you about when you make a mistake?
   *Leader's Note: David clearly made some mistakes, but he always turned back to God whenever he did. As he's sitting in a cave he recognizes that only God can turn his situation around. Encourage your group that they can experience the same?

Looking Around

1. What needs do you have that you're tempted to satisfy in your own way rather than God's way?
   *Leader's Note: This could be a long list. Food, intimacy, friendship, rest; all of these things we are tempted to satisfy on our own terms (over-eating,

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an affair, laziness, etc.)

2. What is your identity? Have you been reconciled to God? Have you ever run from your identity? What did that look like?
   *Leader's Note: This question and the next question are HUGE ones. You don't have nearly enough time to address them. But just let your people know that the questions of identity and destiny will continue to be unpacked throughout the next few weeks.

3. What is your destiny? What has God called you to do? What is your next step in that?

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